## MONTANA WOMENS PRISON

#### PROGRAMMING CLASSES OFFERED AT MWP

The programming classes at MWP are offered as forms of treatment to female offenders. Some of these classes are Court ordered or Treatment Team recommended to give the women here a chance to change their negative behavior and develop healthy skills. The classes offered are.

- Cognitive Principles and Restructuring Initial, Intermediate, and Relapse Prevention.
- Intensive Chemical Dependency.
- Anger Management
- Trauma and Recov-

er

- Grief Group
- Skills Group
- Coping with Anxiety and Depression
- Stress Management and Coping
- Victimology
- Gamblers Group
- Women in Recovery
- Narcotics Anonymous
- Individual Supportive Therapy
- Medicine Wheel
- 12-Step Self-Help

Meetings.

- AA Groups
- Individual Counseling
- Chemical Dependency Aftercare
- HIV Course
- HIV/HEP C Awareness
- Breast and Cervical Cancer Awareness
- Individual Adjustment Counseling
- Toastmasters



#### SPECIAL POINTS OF INTER-EST:

- ◆ As of March 2006, there are currently 160 inmates enrolled in programming at MWP.
- As of March 2006, there are 70 women who have completed Chemical Dependency classes.
- As of April 2006, 142 more women will be added to programming classes.

#### INDUSTRIES and PRISON WORK PROGRAMS

The Industry and Prison Work Programs teaches female offenders marketable job skills for when they leave Montana Women's Prison thus making employment easier to achieve for the women offenders.

#### **Industries**

- TAR Inc. (Lanyard manufacturing)
- Sewing Shop Embroidery
- Corrections Assembly

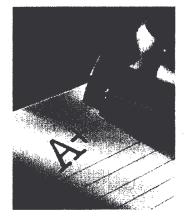
#### Prison Work

- Kitchen Workers
- Laundry Workers
- Maintenance/ Grounds Keeping Workers
- Recreation Attendants
- Hobby Room Attendants
- Computer/GED Lab Attendants
- Inmate Administrative Clerk

- Hobby Store Computer Clerks
- Photo/Card Shop Clerk
- Photographer/ Visitation Assistant
- Barber
- Law Clerk
- Movement Assistant
- Chaplin's Assistant
- Canteen Workers
- Prison Paws for Humanity



WE ALL CAN BE PROUD OF A JOB WELL DONE!!



#### EDUCATION CLASSES

An average of sixty-seven women participate in ABE/GED classes at any one time. Nearly forty women will earn their GED during the 2005-2006 School year. Areas of study include:

- ABE Adult basic Literacy
- GED Preparation
- 1st year Algebra
- Reading Tutors
- Pre-Calculus Algebra
- Pre-Calculus Geometry

#### Correspondence Classes

There are Correspondence classes are offered through Adams State College located in Colorado, University of Montana Western, University of Iowa, Louisiana Baptist University, Excelsior College, Brigham Young University, Ohio University and Dawson Community College for women wishing to continue their education.



"PERSISTENCE IS...
THE FIRE WITHIN,

**FUELED BY BELIEF** 

AND FANNED BY

THE WINDS OF

COURAGE."

#### PARENTING CLASSES

The parenting classes that are offered here at MWP are instrumental in teaching women new parenting skills. There is Kids/Teen day which is a supervised two hour visit that provides an opportunity for mothers to spend time with their children in a variety of age appropriate activities. The only inmates that are involved have children attending this activity. There are parenting facilitators and volunteers present. Also available are One on One visits where Mothers and children may arrange weekly visits in the Parenting Module. Classes

offered from the Parenting Program include:

- Nurturing Parenting
- Mother Read
- Journaling
- Parenting II
- Baby Support Group
- Grandma Support Group



LIVE SO THAT WHEN YOUR CHILDREN THINK OF FAIRNESS AND INTEGRITY, THEY THING OF YOU.





#### VOCATIONAL EDUCATION

There are a variety of computer classes offered here at MWP designed for women who have never had any computer experience or those who are advanced in their computer knowledge. At any given time there are up 75 students taking computer classes. These classes except for Introduction to Computers are self-taught. Areas of computer study include:

- Resume Writing
- Job Seeking and Interviewing
- Career Counseling
- Keyboarding
- Introduction to Computers
- Microsoft Word XP Level 1
- Microsoft Word XP Level 2

- Microsoft Excel Level 2
- Microsoft Excel Level 3
- Microsoft Access Level 1
- Microsoft Access Level 2
- Microsoft Power Point
- Microsoft Advanced Power Point
- Microsoft Front Page
- Microsoft Visio
- Microsoft Publisher
- Adobe Photoshop CS
- Adobe InDesign CS
- Adobe Illustrator CS
- Macromedia Dreamweaver

- ArcGis Mapping
- HTML Computer Language
- Visual Basic Computer Language
- Visual C++ Computer Language
- Quick Books Pro 2002
- Inspiration



"YOU MUST TAKE **ACTION NOW THAT** WILL MOVE YOU **TOWARDS YOUR** GOALS. DEVELOP A SENSE OF **URGENCY IN YOUR** LIFE."

#### Microsoft Word XP Level 3 Macromedia Flash Microsoft Excel Level 1 Macromedia Fireworks

### VOLUNTEER RELIGIOUS PROGRAMS

There are many religious activities available here at Montana Women's Prison. They are:

- Sunday Services all denominations
- Catholic Mass
- Communion
- Jehovah's Witness Study
- Monday's Love (Bible Study)
- Biblical Solutions (Bible Study)
  - Sandra Jones Singing (Bible Study and singing)
- Pastor Joe's Music

- Music appreciation
- Buddha Spiritual Counsel-
- Buddha Refuge
- Buddha
- Thursday Morning Bible Study
- Thursday Night Bible Study
- Spiritual Mentoring with Nikole
- Ladies Theophilus Study
- Pastoral visits with Jack
- Pastoral visits with Dianne

- K&K Mentoring
- **TEAM Mentoring**
- Garcia's Mentoring
- Centering Prayer
- Intercessory Prayer
- Lord's Handmaiden
- Homeward Bound
- Sock Ladies



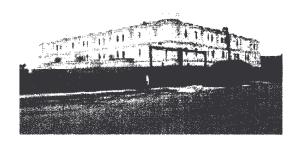
"NEVER FORGET THE THREE **POWERFUL RESOURCES YOU** ALWAYS HAVE AVAILABLE TO YOU: LOVE, PRAYER AND FOR-GIVENESS"

701 S. 27th Billings, MT 59101

Phone: 406-247-5100 Fax: 406-247-5161

#### MISSION STATEMENT

The Montana Department of Corrections enhances public safety, promotes positive change in the offender behavior, reintegrates offenders into the community and supports victims of crime.



"Committed to fulfilling its obligation to the citizens of Montana by providing female felony offenders an environment emphasizing accountability, productivity and personal growth in a secured setting."

#### **VOLUNTEERS**

Montana Women's Prison has a diverse pool of volunteers who give their time and services to the women. Activities include pet therapy, music and literature appreciation, and development of parenting and public speaking skills. Several religious and spiritual groups provide programming in the facility.

#### GROUP FACILITA-TORS

Group facilitators include mental health professionals, licensed professional counselors, Licensed Addictions Counselors, individuals who have attended specific topic training, recreational specialists, occupational therapists, and volunteers with training and experience in the subject area. Two certified teachers provide the education program.

# PRISON PAWS FOR HUMANITY

The Prison Paws for Humanity program teaches women to train dogs for service work with the handicapped. If the dog does not make it as a service animal, it is placed as a family pet already obedience trained. The program also provides obedience training for individuals' personal dogs. They are placed at MWP for a month for the training.



Kitchen & Dining Room



Visiting Unit



Infirmary



